

La Pasta con Spinaci e Ricotta

Go to www.euroclub-schools.org. Enter the **Italian Zone**. Click on **Melissa's Italian Kitchen** and choose **La Pasta con Spinaci e Ricotta**. By reading the web page, can you find the answers to these questions?

1. What does the word *ricotta* literally mean?

2. How is *la ricotta* produced?

3. *La ricotta* is often combined with spinach. Name two types of pasta that are well-known for having a spinach and *ricotta* filling.

4. When cooking *pasta* in boiling water, which kind of salt is added?

5. Find and write the following words in Italian. *Trova e scrivi in italiano:*

white wine -

the onion -

the pan -

the saucepan -

the black pepper -

the milk -

6. Italians prefer pasta to be cooked *al dente*. What does this mean?

7. Find and write the following sentences in Italian. *Trova e scrivi le frasi in italiano:*

Throw in the pasta! -

The pasta is ready! -

It's time to cook! -

It's a vegetarian dish! -

8. Write the English translation of: *È una ricetta molto veloce da preparare!*

9. When ingredients are *in padella* what does it mean?

10. Which famous cartoon character ate lots of spinach? Write his name in both English and Italian.

11. What is the name of a famous painting that depicts people eating *la ricotta*?

12. Are the following foods healthy? Write your opinion in Italian. Helpful words: *bere* - to drink
mangiare - to eat *Fa bene alla salute.* - It is good for health. *Fa male alla salute.* - It is bad for health.

mangiare la ricotta -

mangiare gli spinaci -

bere il vino bianco -

bere l'acqua -

13. When would you serve *la pasta con spinaci e ricotta*? Write in Italian, choosing any of the following:

la merenda - snack time

la prima colazione - breakfast

il pranzo - lunch

un primo piatto - a first course

un secondo piatto - a main course

un antipasto - an appetiser
